

# DEVELOPMENTAL EDUCATORS MEETING



JUNE 2014

**Cher Nicholson**

Supported Decision Making Training Project Officer

**Health and Community Services Complaints  
Commissioner**

# HCSCC Charter of Rights

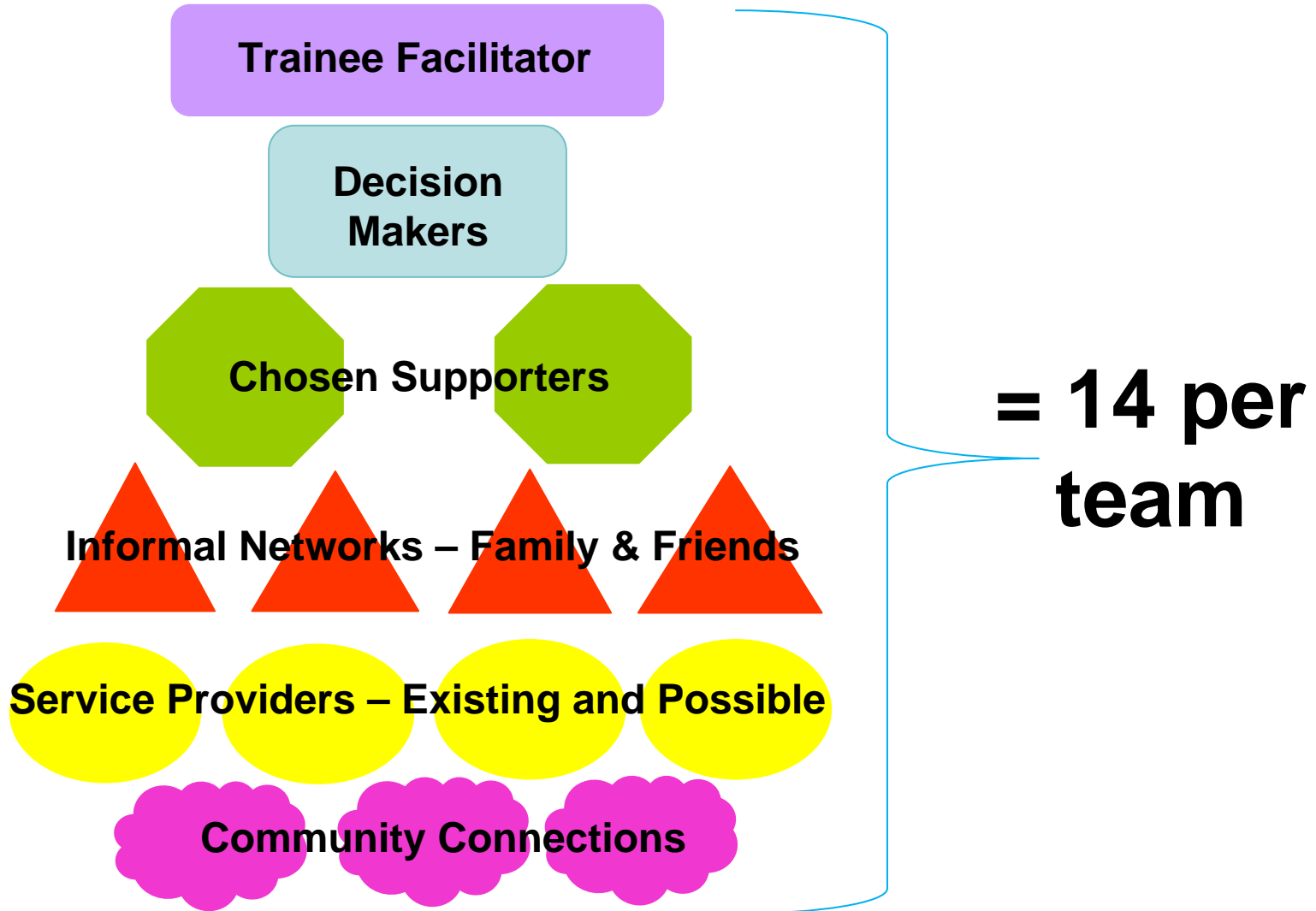
- **Access**
- **Safety**
- **Quality**
- **Respect**
- **Information**
- **Participation**
- **Privacy**
- **Comment**

# SUPPORTED DECISION MAKING THEORY TO PRACTISE

- Connection to HCSCC & Rights based practises  
–U.N. Convention
- Article 5 Equality & non-discrimination
- Article 12 Equal recognition before the law. The rights of a person with disabilities to make their own decisions with support of their own choosing.
- Article 16 Freedom from exploitation, violence and abuse
- Article 22 Connection and rights to be part of a community & to have a meaningful life.

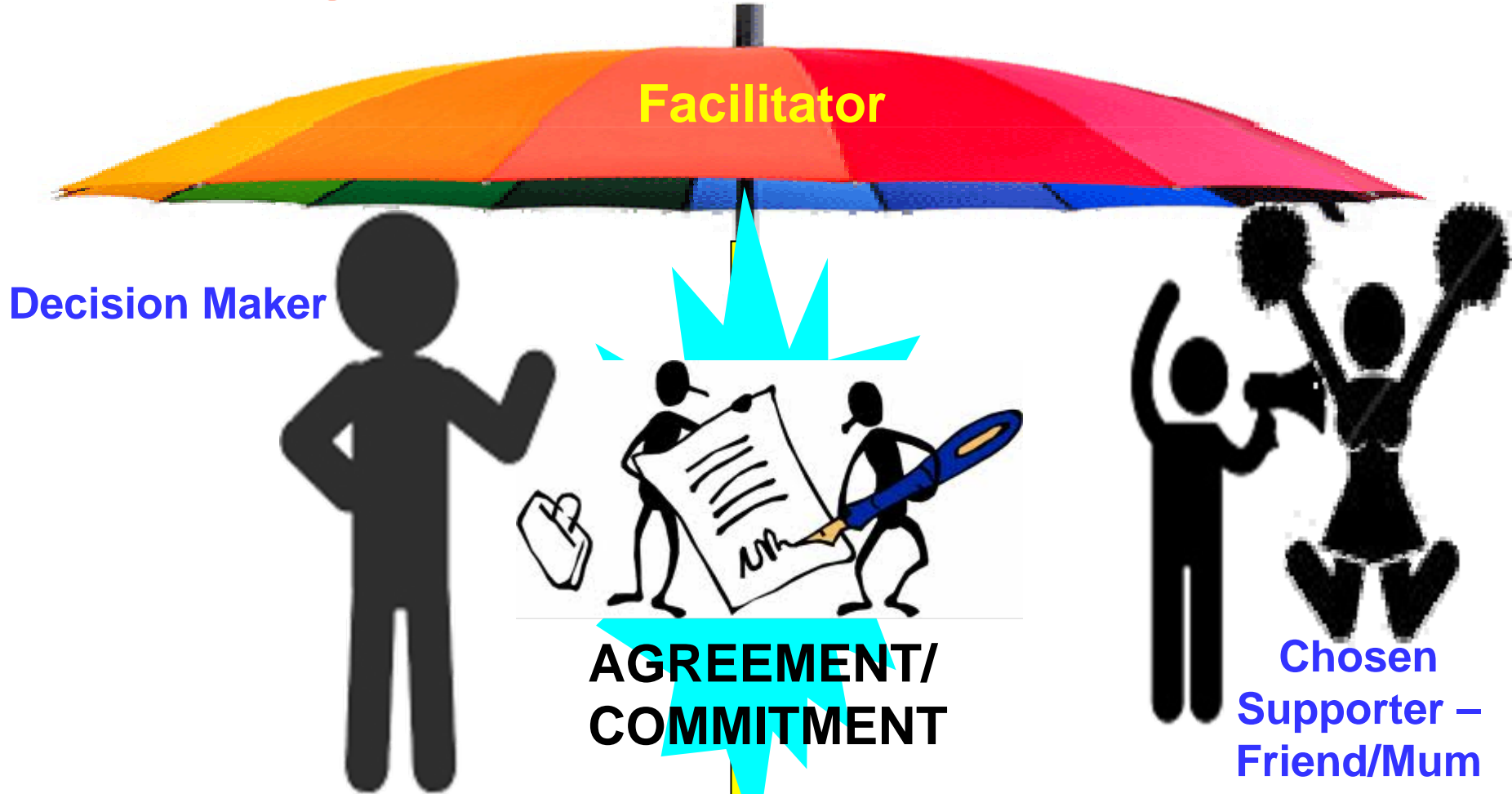
# SA SDM Model

Trainer – Cher Nicholson HCSCC

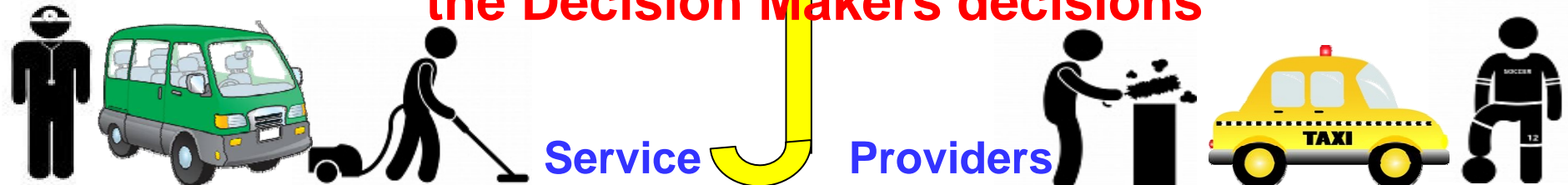


**Numerous connections occur outside the SDM structure**

# SDM Practice Model



**Gathering the team for community connection specific to the Decision Makers decisions**



# Overview of SDM Model & people involved

- TRAINER
- Facilitator - Trainee
- Decision Maker
- Supporter/s
- AGREEMENT
- Gathering the team
- Informal Networks - Family / Friends / Work mates
- Formal Networks - Service Providers
- COMMUNITY CONNECTIONS

# Safety Measures

- **Training and mentoring by Trainer**
- **Police Check as warranted**
- **Supervision discussion**
- **Clarity of roles**
- **Regular review by Facilitator**
- **Managing Conflict**
- **Involving Decision Makers networks**
- **Maintaining and enhancing relationships**
- **Connecting to Services and Local Community**
- **Adherence to service providers policies and procedures**

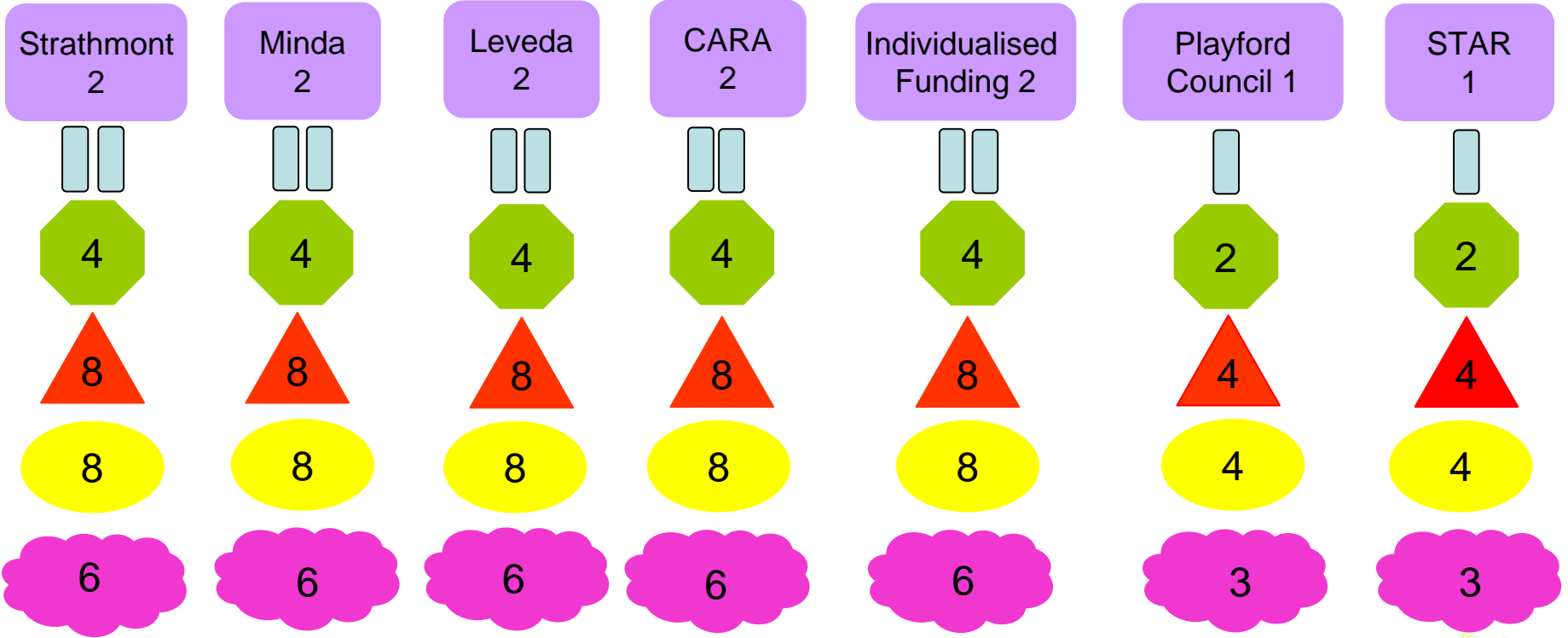


# Overview of SDM Facilitation Training



Trainer – Cher Nicholson HCSCC

## Overseas Participants - 2



Decision Makers/ Clients - 12

Supporters - 22

Informal Networks - 36

Service Providers - 46

Community Connections - 36

**TOTAL**  
**184**



# Aims of the SA SDM Training

- Replication in seven key disability agencies of the SDM model in their individual services
- Training and mentoring of practitioners/trainee facilitators in the workplaces of seven different agencies
- Training and mentoring of SDM model with their own clients (Decision Makers) within their own agencies
- Training in setting up the SDM structure to facilitate decisions that will promote community connections that are not dependant on funding or disability specific agencies

# Agreement – Decisions



hcscc  
health & community services  
complaints commissioner

## 14 Decision Makers have decisions on agreements

Who shares home with?

Involvement in singing group

Walking group with friends

Options to have a voice mentoring others

See the beach and swim in the sea

Take up dancing/drama/zumba

Meet Lee Kernaghan

Try for a holiday

Mainstream financial counselling to budget

Move from children's medical service to adult services

Options for meaningful employment

Learn about country music

# Agreement – Decisions



Meet new people and make friends

Meet a country music star

TAFE course to learning about country music

Experience farm activities – Sheep rounding, looking after cows, planting of crops, mending fences, picking vegetables or fruit

Transport – how to get to/from places I want to go

Prompt cards so I can be more independent

Opportunities to make new friends and try new things

Finding a job I really want, with only one or two other people – kitchenhand, cleaner

Others to learn Maketon

Who will I live with?

Explore more involvement at school – buddy system/general

Holiday – Where to go, How to go?

# Agreement – Decisions

Buy lunch two times a week, find out how much it costs, and how much change I will/won't get from my lunch choices

## Budgeting

Work out ways of spending more time with friends

Explore where allowance comes from

Look at courses in IT – media, films, photos

Learn to use a Webster Pack to administer own medications

Pack own bag at day option two times a week

Look at writing stories on the computer

Shopping – Where do coloured straws come from?

Join groups without People with Disabilities in it

Do a course in Hospitality

# Agreement – Decisions



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health & community services  
complaints commissioner

Find drama group

Get a dog – Where from & how to look after it?

Catch a bus

Find a country & western band and see if I can take part in any way

Make friends outside home and day service

Help to reconnect with cousins - estranged

Buying a guitar, and how to find it

Work as a mechanic or in a wrecking yard

Work in a pet shop!

Explore more meaningful games on the computer that teaches life skills

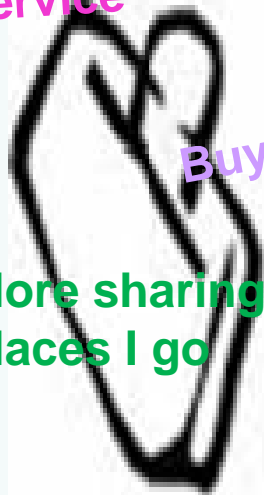
Try different workplaces

More involved in mainstream groups outside of people that I live with

Explore sharing cabs to places I go

Control of money more – find out what money buys

Learn where local KFC is, how to take bus there, and learn how much KFC costs



# Agreement –

## How I want my support delivered

- Info broken down into a format I can understand
- Info on iPad with pros and cons attached
- Give me time to think about situations
- Prefer any meetings to be outside of home
- SA disability & mentor to be involved in my life, although it is not on the agreement
- Want people to tell me things more than once
- Support to remember and know she has trouble remembering
- Offer choices and allow time to decide
- Help me with confidence to tell people when I don't like something
- Personal space – don't touch me without getting permission first
- Change subject if I am tired and upset with what is happening
- Learn transport around local area – moved house
- Support me to ride my bike to the local shops
- Support me to make my own jewellery

# Agreement –

## How I want my support delivered

- Support me to work less days, but longer hours
- Support me to increase my physical health
- Remember that I like to do things myself, even if it takes time
- Tell me things lots of times
- If I start yelling my Supporters will walk away and try later
- Help me pack my bag and check it for day options, using a prompt sheet
- Information can be on cards with pictures to help me understand
- Check with me that I understand what you are saying
- Focus me when I am restless
- Remind me of what was previously said
- Remind me of my age, and how others my age are expected to act
- Tell me stories with pictures/Maketon
- Talk to me when I am in a good mood
- Ask me if I want other people present

# Agreement –

## How I want my support delivered

- **Supporter to let me know they need time to consider, but will get back to me at another time**
- **Supporter to know that if I am yelling, it is not a good time to talk**
- **Supporter needs to know I need lots of time to talk – don't hurry me**
- **Talk one at a time, it's best for me**
- **Go out of the house, or a different place, to talk**
- **Remember I am not a morning person (medication)**
- **Help me to hurry up and decide (procrastinates)**
- **Make sure I understand what we talk about – ensure I can feed back understanding**
- **Know that I am not good with new things or new people, and I take time to get the hang of things**
- **Make a list of strategies to help me manage my anger, remind me to use it when I am angry**
- **Support me to go swimming**



# Gathering the team – Promoting community connection

**This phase follows after the agreement**

SA Disability Worker	Family Planning	Community Liaison at local council
Council Bus Driver	Council Maintenance and Garden worker	School student council
Salvos	Financial Counsellor	Surf Life Saving Club
WEA	Local Pet Shop	Dog and Cat Groomer
Animal Rescue	TAFE Cert 1 & 2- Landscaping, Photography, Media, IT, Catering, White Card	Maketon Classes
Local Church	Drama Group	Centrelink
Housing Trust/Housing Co-Op	Speed Dating	Rotary
Lions	Farm	Aboriginal Worker

Genesis Gym

Disco

Relationships Australia –  
Counselling, Mediation,  
LifeLine, Domestic  
Violence

Swimming Pool

Central Markets Stall  
Owner

Car Wreckers

Mechanic

Local Footy Club –  
Coach and Captain

Under 14 Soccer Captain

Social Clubs

Choir

Mentoring Program

Citizens Advocate

Supported Workplaces –  
Bedford, Phoenix,  
Barkuma

Personal Employment  
Service

Volunteer Services

Grants

Holiday Adventurers

Jims Mowing

Private Gardening and  
Maintenance services

Local Pub – Kitchenhand

Favourite Heroes – Lee  
Kernaghan, Footy  
Players, TV Personalities

Deaf Society – CanDo

Music Shop

Neighbour

Receptionist at Bowling  
Club

Disability Agencies

KFC

Woolworths

Banks

Chemist – Webster  
Packs

Coffee Shop

Student Voice

Uniting Communities

Northern School of Music

Pedal Club

Anglicare

Taxi Club – Sharing  
Cabs

Walking Groups

Fun Run Organisations

Technical Aids for the  
Disabled

Jamie Oliver project

Budget Club

# The SA SDM ripple continues

# Sept 2014 SDM FACILITATION TRAINING with 2 organisations

- Promote culture change with concentrated effort within a government & non government service
- Focus effort at all levels of management structures and within service delivery
- Continue with Community of Practise
- Utilize the past participants of the SDM Facilitation training within the 2 services to coach and support together with maintaining the mentoring and coaching by Cher Nicholson to keep the integrity of the model

# September training cont.

- Demonstrate model within each service with own clients and with each phase.
- Spread the influence of the SDM Facilitation training by outside evaluation and with Health Ethic approval
- Clear goals to promote the portrayal of SDM as a unique tool to promote to enact express wish and honor the U.N.Convention
- Honor and promote the role of SDM facilitator and make success measured by the skills of the facilitator rather than the PWLD.

# Contact

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Commissioner

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Please do not hesitate to contact me with any questions, queries or comments.