

P Pearson

**Statistics
Survival Guide
for OTs**

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Are you

perplexed by percentiles?

confounded by confidence intervals?

stumped by standard scores?

Let's start with a
poll...

You are not alone!

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Basic Terminology

Normal distribution

- Many common human attributes are normally distributed
- The highest concentration of scores is in the centre

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Basic Terminology

Standardised Scores

- Allow us to plot where performance falls on the curve
 - Standard scores
 - Scaled scores
 - T scores
 - Percentile ranks

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Basic Terminology

Mean

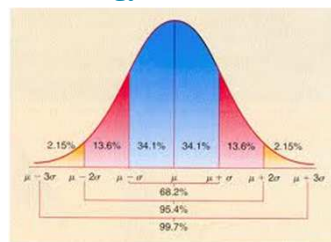
- The 'average' of scores in the sample
- In normal distributions, occurs at the mid point of the data

Standard deviation

- The amount of variance in the data
- Related to the size of the sample

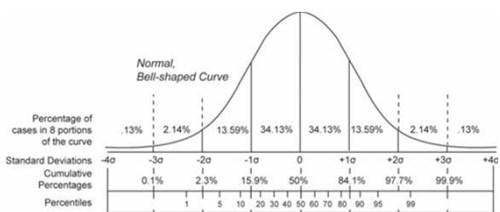


Basic Terminology



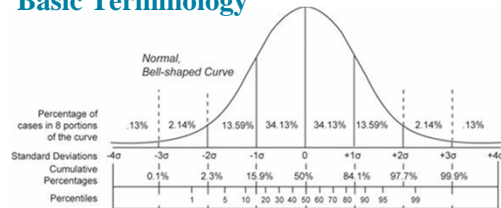
- We describe standardised assessment results in terms of how many standard deviations they are from the mean

Basic Terminology



- **Standard scores** often have a mean of 100 and a standard deviation of 15
- **Scaled scores** often have a mean of 10 and a standard deviation of 3

Basic Terminology



- **Percentiles** describe performance as a rank relative to the sample, e.g. a score at the 30th percentile is higher than 30% of the sample group's scores
- Percentile ranks between 16 and 84 are considered average

Using standardised scores in practice

Total Raw Score	Scale Score (Mean = 10, SD = 3)	Standard Score (Mean = 10, SD = 15)	Confidence Interval: 90% or 95% (Tables B.1-B.3)	95% Band	90% Interval	16-84 Range	Age Equiv. (Tables B.4-B.7)	Descriptive Category (Table C.1)
1 Fine Motor Precision								
2 Fine Motor Integration								
Fine Manual Control								
3 Manual Dexterity								
7 Upper Limb Coordination								
Manual Coordination								
4 Bilateral Coordination								
5 Balance								
Summary								
Raw Scores:								
Standard Scores:								
Scaled Scores:								
Percentiles:								

Using standardised scores in practice

RBMT 3 Rivermead Behavioural Memory Test – Third Edition (RBMT-3)

Record Form

Name: _____ Examiner: _____
 Date of Birth: _____ Date of Assessment: _____
 Gender: Male Female Version: 1 (First assessment) 2 (Re-test)

Subtest	Raw Score	Scaled Score (SS)	Index Score
First and Second Names – Delayed Recall (N)			Sum of Scaled Scores
Belongings – Delayed Recall (B)			General Memory Index
Appointments – Delayed Recall (A)			Percentile Rank
Picture Recognition – Delayed Recognition (PR)			Confidence Interval
Story – Immediate Recall (SI)			95% 90%
Story – Delayed Recall (SD)			
Face Recognition – Delayed Recognition (FR)			
Route – Immediate Recall (R)			

Using standardised scores in practice

Performance Raw Score Totals					
Visual Motor (VM)	Total	Fine Motor (FM)	Total	Gross Motor (GM)	Total
Follow the Path	/8	Clay Play	/24	Stance	/12
Flying Birds	/13	Penny Bank Game	/30	Throw and Catch	/11
Clouds Game	/9	Digrams	/28	Soccer	/43
Hidden Forks	/9	Snack Time	/21	Jumping	/36
Find the Rabbits	/9	FM Behavior Rating	/9	GM Behavior Rating	/9
Copying Shapes	/18				
Winning	/12				
VM Behavior Rating	/9				
VM Raw Score	/83	FM Raw Score	/110	GM Raw Score	/111

Norm-Referenced Performance Scores				
Scaled Score	Visual Motor	Fine Motor	Gross Motor	
Scaled Score Points +/-				
Confidence Interval % Level	to	to	to	
Percentile Rank				
Confidence Interval	to	to	to	
Age Equivalent				

BADS profile score	(mean 100, SD 15)	40 or less	41 to 65	66 to 87	Overall classification
0	12	0	8	19	
1	17	6	13	24	
2	22	11	18	29	
3	27	16	23	34	
4	32	22	28	39	
5	37	27	33	44	
6	41	33	38	49	Impaired
7	46	38	43	54	
8	51	43	48	59	
9	56	49	53	64	
10	61	54	58	69	
11	67	59	63	74	Borderline
12	70	65	68	79	
13	75	70	73	84	Low average
14	80	75	78	89	
15	85	81	83	94	
16	90	86	88	99	Average
17	95	91	93	104	
18	100	96	98	109	

More terminology

Standard error

- Samples are not the same as real life!
- Calculated using formula $StErr = \frac{s}{\sqrt{n}}$
- Therefore, the lower the standard deviation and the bigger the sample, the lower the StErr

Confidence intervals

- Help us to allow for standard error
- A more precise way to report scores
- Calculated by adding and subtracting CI from score

Calculating Confidence Intervals

Ages 6:0-6:11			
Scaled Score	VM	FM	GM
18	—	—	102-106
18	95	122	181
17	94	121	180
16	—	120	158-159
15	93	118-119	155-157
14	91-92	116-117	151-154
13	89-90	114-115	147-150
12	87-88	111-113	142-146
11	85-86	108-110	138-141
10	82-84	104-107	133-135
9	78-81	98-103	123-129
8	74-77	93-98	116-122
7	71-73	88-92	109-115
6	65-70	84-87	102-108
5	64-67	79-83	94-101
4	60-63	73-78	88-93
3	55-59	66-72	77-85
2	50-54	59-65	69-76
1	0-49	0-58	0-67

Age	Confidence Level (%)	Brief Form (knee push-ups)	Brief Form (full push-ups)
4	95	8	8
	90	6	6
5	95	9	10
	90	8	8
6	95	9	10
	90	8	8
7	95	9	9
	90	7	7

Sum of Scaled Scores	GM	Percentile Rank	Confidence Interval
17	56	0.2	41-65
18	56	0.2	41-65
19	56	0.2	41-65
20	56	0.2	41-65
21	56	0.2	41-65
22	56	0.2	41-65
23	56	0.2	41-65
24	56	0.2	41-65
25	56	0.2	41-65
26	56	0.2	41-65
27	56	0.2	41-65
28	56	0.2	41-65
29	56	0.2	41-65
30	56	0.2	41-65
31	56	0.2	41-65
32	56	0.2	41-65

Confidence Level	VM	FM	GM
80%	1	1	1
90%	2	2	1
95%	3	3	2

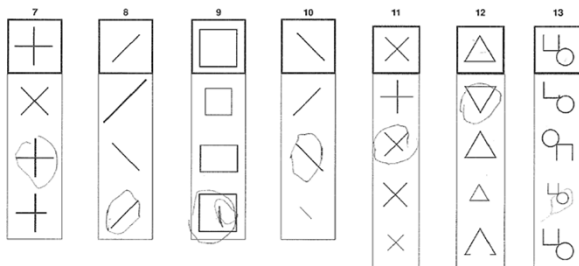
Case example



- Aidan is 7 years, 2 months
- On the BOT-2 fine motor precision subtest he achieved a scale score of 9
- After a period of intervention you reassess him
- This time he scores 11
- Has he really improved?
- Confidence interval for first score is 6-12

Case example

4 years, 5 months – VMI standard score 96, VP 80



A quick word on age equivalents...



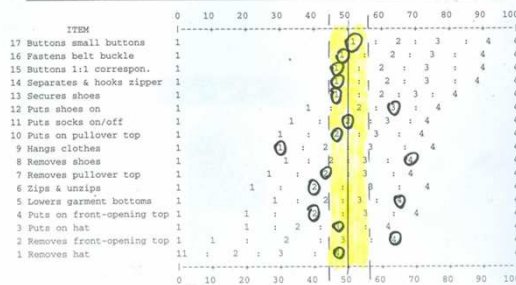
- Beware the age equivalent!
- Age equivalents represent, in years and months, the average age of children in the sample who obtained a particular raw score
- **They do not indicate the developmental age at which the child is functioning**
- Therefore they are best avoided
- It's far more advisable to use standard scores or percentile ranks

Statistics in action

- So, now we know what the numbers represent, let's take a look at a few clinical examples...



Clothing Management

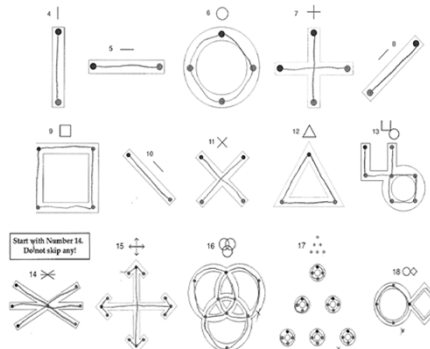


School Function Assessment Criterion Score = 50
 Standard error = 3
 95% confidence interval = 44-56

Name: *John Brown* Examiner: *Jane Thompson*
 Date of Birth: *27 May 1971* Date of Assessment: *7 October 2008*
 Gender: Male Female Version: 1 2 (Fast assessment)

Subtest	Raw Score (1)	Scaled Score (SS) (2)	Index Score (4)
First and Second Names – Delayed Recall (N)	5	8	Sum of Scaled Scores 101 General Memory Index 72 Percentile Rank 5 Confidence Interval 61 95% ✓ 90% 82
Belongings – Delayed Recall (B)	4	6	
Appointments – Delayed Recall (A)	2	7	
Picture Recognition – Delayed Recognition (PR)	12	4	
Story – Immediate Recall (SI)	12	12	
Story – Delayed Recall (SD)	10	11	
Face Recognition – Delayed Recognition (FR)	10	7	
Routes – Immediate Recall (RI)	10	7	
Messages – Immediate Recall (MI)	5	7	
Messages – Delayed Recall (MD)	5	6	
Orientation and Date (O)	12	5	
Novel Task – Immediate Recall (NI)	4	11	
Novel Task – Delayed Recall (ND)	4	8	
Sum of Scaled Scores			

7 years, 0 months – VMI score 102, VP 114, MC 92



Reporting standardised scores

- Remember that our clients are not statisticians!
- Think about the goal of your report e.g. funding
- Our job as therapists is to interpret scores
- If our assessment is the raw ingredients, then our report should be the cake!



So....
 How do you feel about statistics now?

