

COLLEGE OF NURSING AND HEALTH SCIENCES CARING FUTURES PUBLIC LECTURE SERIES

The College of Nursing and Health Sciences is pleased to invite you to the public lecture with our visiting international research fellow, Professor Richard Rosenkranz, Department of Food, Nutrition, Dietetics & Health, Kansas State University, Manhattan.

This is the third of the Caring Futures public lecture series run by Flinders' College of Nursing and Health Sciences. This series aims to profile high performing research areas with a focus on self-care and innovative caring solutions leading to better lives, better communities and better health systems.

Please come and join us to find out more about *Being "well-behaved": the science of health behaviour change*. Professor Rosenkranz will be sharing current challenges in healthcare and population health, and how better understanding of behaviour change can help us take on such challenges more effectively. He will share insights from a range of intervention projects aimed at understanding the process of improving population health through facilitating physical activity, healthful eating, and other health behaviours in a variety of settings, ranging from physical education and sport to public health.

Date and Time Wednesday 19

Wednesday 19 June 2019, 5:00pm – 7:00pm ACST Drinks and nibbles at 5pm; lecture to commence at 5:30pm

Location

Flinders University, Victoria Square 182 Victoria Square, Level 1, Room 1 Adelaide SA 5000 (View Map)

Hosted by Professor Anthony Maeder, Strategic Research Professor, Digital Health Systems, College of Nursing and Health Sciences & Co-Director, Flinders Digital Health Research Centre



About the distinguished speaker:

Professor Richard Rosenkranz leads the Physical Activity and Nutrition Clinical Research Consortium in the College of Health and Human Sciences at Kansas State University. Richard Rosenkranz's background in behavioural science, public health nutrition, and physical activity informs his research on the identification of modifiable influences of health behaviours toward promoting health and preventing chronic disease. He extensive research work embraces the framework to address person-environment interactions within behavioural settings, and to develop, implement, and evaluate intervention programs designed to impact the influences on health behaviours.

RSVP: Please email cnhs.researchevents@flinders.edu.au to confirm your attendance by Friday 14 June 2019